

— SET THE —
CAPTIVES
FREE

The background of the entire poster is a dramatic scene of a person standing in the threshold of a large, open stone prison door. The person is silhouetted against a brilliant, golden sunset or sunrise that fills the landscape beyond the door. Several birds are seen flying in the sky outside. The interior of the prison is dark and shadowy, with heavy metal chains hanging from the ceiling on the left and scattered on the floor in the foreground. The overall mood is one of liberation and hope.

COMMUNION

- BOOKLETS -

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COMMUNION

BACKGROUND

On the night before Jesus' crucifixion, His disciples prepared the yearly Passover meal. This traditional Jewish Passover feast commemorated



God's rescue of Israel from Egyptian slavery. Jesus applied elements from this meal – the bread and the wine – to explain what He would soon accomplish on the cross, and how the bread and wine symbolised His

sacrifice on the cross. He transformed the meal into a remembrance of His own person and work.

The institution of the Lord's Supper

And as they were eating, Jesus took the bread, and, having blessed it, broke it and gave it to the disciples and said, Take, eat; this is my body. ²⁷ And taking the cup and having given thanks, he gave it to them, saying, Drink ye all of it; ²⁸ for this is my blood of the new testament, which is shed for many for the remission of sins. ²⁹ But I say unto you, I will not drink from now on of this fruit of the vine until that day when I drink it new with you in my Father's kingdom. Matthew 26:26-29 JUB

Communion is not a ritual but a **blessing**. It is a declaration of **freedom** over your life and household. Adonai declared to Israel: *"I am the Lord your God, who brought you out of Egypt, out of the land of slavery"* (Exodus 20:2).

God told Moses to instruct Israel to slaughter an unblemished animal the night before their deliverance.

You must have an unblemished animal, a year-old male; you may take it from either the sheep or the goats. ⁶ You are to keep it until the fourteenth day of this month; then the whole assembly of the community of Israel will slaughter the animals at twilight. ⁷

They must take some of the blood and put it on the two doorposts and the lintel of the houses where they eat them.

⁸ *They are to eat the meat that night;* Exodus 12:5-8a CSB

This unblemished animal pointed to the future event of “*our spotless, unblemished Lamb to be sacrificed once and for all for the remission of sin.*”

For you know that your lives were ransomed once and for all from the empty and futile way of life handed down from generation to generation. It was not a ransom payment of silver and gold, which eventually perishes, ¹⁹ but the precious blood of Christ—who like a spotless, unblemished lamb was sacrificed for us. 1 Peter 1:18-19 TPT

Then Moses made it clear that all the meat had to be eaten. Nothing should be left over. The blood of the lamb had to be applied to the doorposts. This was for their protection against the angel of Death who would slaughter all the firstborns of Egypt that night.

This explains why Communion is not only a *remembrance* of our freedom but a *blessing* to be released to announce our freedom from bondage. Remembrance of Israel’s deliverance is to glorify God, give Him honour and acknowledge that it was indeed He who delivered us. This is very important, because King Solomon’s successor, Jeroboam, forbade Israel

to go to the traditional Jewish feasts in Jerusalem. He made two golden calves for them to worship -one in Dan and the other in Bethel. He declared:

"It is too much trouble for you to worship in Jerusalem. Look, Israel, these are the gods who brought you out of Egypt!" 1 Kings 12:28b NLT

Notice his cunning deception - "It is too much trouble for you". He would bring the "gods" that delivered them from Egypt nearer to them. He created the impression that he was making it more convenient for them.

Jeroboam used these two calves to remind Israel of the golden calf they had made at Mount Sinai. Jeroboam was stealing the glory of God!

When taking Communion, it is crucial to remember that no man or ministry can receive ANY glory for your deliverance and freedom!

When you come FREE, you will declare and decree: "Yehôvâh Elohim is indeed the One who delivered me and set me FREE!"

THE SYMBOLISM OF THE BREAD AND THE WINE IN COMMUNION

The bread represented His body that would be broken. The wine was a picture of His blood that would be shed for the forgiveness of sins. Jesus revealed how the exodus from Egypt indeed foreshadowed the ultimate deliverance in Christ.

The New Covenant

Likewise also he took and gave them the cup after supper, saying, This cup is the new testament in my blood, which is shed for you. Luke 22:20 JUB

*After the same manner also he took the cup, after he had eaten supper, saying, This cup is the **new testament** in my blood; do this each time that ye drink, in remembrance of me. 1 Corinthians 11:25 JUB*

By referring to the new covenant, Jesus was announcing that, through His death and resurrection, forgiveness of sins would be made available to all and that humanity could once again live in communion with God.

Not that we are sufficient of ourselves to think anything as of ourselves, but our sufficiency is of God, ⁶ who also has made us able ministers of the new testament, not of the letter, but of the Spirit; for the letter kills, but the Spirit gives life. 2 Corinthians 3:5-6 JUB

The Apostle Paul emphasised that Christ had set us free! Let us embrace this truth and firmly refuse to go back into the bondage of our past!

At last we have freedom, for Christ has set us free! We must always cherish this truth and firmly refuse to go back into the bondage of our past. Galatians 5:1 TPT

To be free, we must forget our past sinful nature and focus on the future.

I don't depend on my own strength to accomplish this; however I do have one compelling focus: I forget all of the past as I fasten my heart to the future instead. Philippians 3:13 TPT

Part of the blessing to be reunited with God is the “**writing of the law on the heart**”, which occurs through the new birth and the indwelling of the Holy Spirit, who empowers believers to obey God. Through the establishment of this new covenant, the old Mosaic covenant was made obsolete.

For this is the testament that I will ordain to the house of Israel after those days, saith the Lord: I will give my laws into their soul and write them upon their hearts, and I will be to them a God, and they shall be to me a people: ¹¹ and no one shall teach his neighbour nor anyone his brother, saying, Know the Lord, for all shall know me, from the least to the greatest. ¹² For I will reconcile their iniquities and their sins, and their iniquities I will remember no more. ¹³ In that he says, New, he has made the first old. Now that which decays and waxes old is ready to vanish away. Hebrews 8:10-13 JUB

Belief in the new covenant was one of the key distinctions between early Christians and Jews. For example, the Christian apologist, Justin Martyr, argued that the new covenant was the perfection of the old, while Trypho, as a Jew, considered the Mosaic Law to be perfect by itself. The new covenant was so important to Christian identity that the writings of the apostles were called the New Testament, another term for the new covenant, while the Hebrew Scriptures were known as the Old Testament.

The element of the unleavened bread in the Passover feast symbolised His broken body as He took upon Himself God's wrath against sinful humanity.

The wine signified His Blood, poured out to seal God's covenant with believers in Christ.

And taking bread, having given thanks, he broke it and gave unto them, saying, This is my body which is given for you; do this in remembrance of me. ²⁰ Likewise also he took and gave them the cup after supper, saying, This cup is the new testament in my blood, which is shed for you. Luke 22:19-20 JUB

Jesus commanded His followers to commemorate His death by similarly eating bread and drinking wine together until His second coming. Christ's transformation of the Passover meal confirmed what John the Baptist had said of Him three years earlier: **"He was the Lamb of God who takes away the sin of the world"** (John 1:29).

Behold, the Lamb of God!

The next day John saw Jesus coming unto him and said, Behold the Lamb of God, who takes away the sin of the world. ³⁰ This is he of whom I said, After me comes a man who is preferred before me, for he was before me. ³¹ And I knew him not; but that he should be made manifest to Israel, therefore am I come baptizing with water. ³² And John gave testimony, saying, I saw the Spirit descending from heaven like a dove, and it abode upon him. ³³ And I knew him not; but he that sent me to baptize with water, the same said unto me, Upon whom thou shalt see the Spirit descending and abiding on him, the same is he who baptizes with the Holy Spirit. ³⁴ And I have seen and have given testimony that this is the Son of God. John 1:29-34 JUB

By portraying His own body as broken and His blood as poured out, Jesus identified Himself as the ultimate **Passover Lamb**. Just as the **blood of**

the original Passover lambs caused the angel of death to pass over the Israelites, anyone who identified with the Blood of Jesus will now be “passed over” on judgment day.

At the same time as the priests were sacrificing the Passover lamb in the temple, Pilate was delivering Jesus to be crucified.

Therefore when Pilate heard that word, he brought Jesus forth and sat down in the judgment seat in a place that is called the Pavement, but in the Hebrew, Gabbatha. ¹⁴ And it was the preparation of the passover and about the sixth hour; then he said unto the Jews, Behold your King! ¹⁵ But they cried out, Away with him, away with him, crucify him. Pilate said unto them, Shall I crucify your King? The high priests answered, We have no king but Caesar. John 19:13- 15 JUB

The timing was no coincidence. It signified that our Passover Lamb had been sacrificed.

Purge out therefore the old leaven, that ye may be a new lump, as ye are unleavened. For even Christ, our passover, is sacrificed for us; 1 Corinthians 5:7 JUB

This sacrifice of Christ, our Passover Lamb...

- Gives us salvation.
- Gives us access to the Throne of God at any time, place and in any circumstance (Hebrews 9:11-15; Hebrews 10:19-25).
- Gives us protection, and arms us with the mighty armour of God. We can withstand and defeat all the wiles of the devil.
- Gives us protection against sicknesses, diseases and all plagues.

Yehôvâh Elohim is a covenant-keeping God and these promises are for the entire family. The Lord told the Israelites to find a lamb for the salvation of each household and not for each individual (Exodus 12:3).

Jesus was handed over to be crucified for the forgiveness of our sins and was raised back to life to prove that he had made us right with God (Romans 4:25). Let us rest in this promise that we have received our right standing before the Heavenly Father because of this act of obedience by His Son, Yashuah HaMashiach.

A CONTINUAL REMEMBRANCE

Jesus instructed His disciples to observe this ritual of remembrance continually.

But I say unto you, I will not drink from now on of this fruit of the vine until that day when I drink it new with you in my Father's kingdom. Matthew 26:29 JUB

Following Jesus' command, the “**Lord's Supper**” became a key feature of early Church worship. So important was it that the Apostle Paul set out how it was to be conducted, with grave warnings for all who did not treat it with the necessary reverence.

To fully understand what Paul tried to explain to us in Corinthians, we must first understand the following very important elements.

1. SIN AND SICKNESS

Sin and sickness are twin evils of satan who came to tear down, kill and destroy. But our Passover Lamb, Yashuah HaMashiach, came that we may have life in abundance!

The thief comes not but for to steal and to kill and to destroy the sheep; I am come that they might have life and that they might have it in abundance. John 10:10 JUB

When you experience any sickness or disease, your health has been stolen! It is not Biblical to pray to be healed (*however strange this might sound*), because the Scriptures declare that by HIS STRIPES you **are already healed!**

But he was wounded for our rebellions; he was bruised for our iniquities; the chastisement of our peace was upon him; and by his stripes healing was provided for us. Isaiah 53:5 JUB

2. THE BREAD – HIS BODY

When we eat the bread, we eat Yashuah's body and claim back our divine healing in spirit, soul and body. John 6 is an amazing chapter discussing the bread of life. It points us to the Body of Jesus which is indeed the Bread of Life! (Read the whole chapter.)

Labour not for the food which perishes, but for the food which abides unto eternal life, which the Son of man shall give unto you, for him has God the Father sealed. John 6:27 JUB

Our fathers ate manna in the desert, as it is written, He gave them of the bread from the heaven to eat. ³² Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from the heaven, but my Father gives you the true bread from the heaven. ³³ For the bread of God is he who descended from heaven and gives life unto the world. John 6:31-33 JUB

And Jesus said unto them, I AM the bread of life; he that comes to me shall never hunger, and he that believes in me shall never

thirst. ³⁶ But I said unto you, That even though ye have seen me, ye do not believe. John 6:35-36 JUB

I AM the bread of life. ⁴⁹ Your fathers ate manna in the wilderness and are dead. ⁵⁰ This is the bread which comes down from heaven, that anyone may eat of it and not die. ⁵¹ I AM the living bread which came down from heaven; if anyone eats of this bread, they shall live for ever; and the bread that I will give is my flesh, which I will give for the life of the world. ⁵² The Jews therefore contended among themselves, saying, How is he able to give us his flesh to eat? ⁵³ Then Jesus said unto them, Verily, verily, I say unto you, Unless ye eat the flesh of the Son of man and drink his blood, ye shall have no life in you. John 6:48- 53 JUB

We consider living to mean that we are constantly being handed over to death for Jesus' sake so that the life of Jesus will be revealed through our humanity. ¹² So, then, death is at work in us but it releases life in you. 2 Corinthians 4:11- 12 TPT

For we are members of his body, of his flesh, and of his bones. Ephesians 5:30 JUB

The cup of blessing which we bless, is it not the fellowship of the blood of the Christ? The bread which we break, is it not the fellowship of the body of the Christ? ¹⁷ For one loaf of bread means that many are one body, for we are all partakers of that one loaf. 1 Corinthians 10:16-17 JUB

Jesus healed many during His ministry of three years. He healed even the Canaanite woman who stood outside the Abrahamic Covenant, after she

had said that even the dogs eat of the crumbs which fall from their masters' tables (Matthew 15:21-28).

That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses.

Matthew 8:17 JUB

After God had anointed Jesus of Nazareth with the Holy Spirit and with power, Jesus *"went around doing good and healing all who were oppressed by the devil, for God was with him"* (Acts 10:38 NLT).

Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed. 1 Peter 2:24 KJV

"It is done, **"Tetelestai!"**

By His stripes, you were healed. Notice the past tense, meaning that His broken body on the cross has **already** provided healing for your spirit, soul and body.

Believe it and don't let the devil steal it again!

3. A BETTER COVENANT

We have a better covenant – the New Testament! Israel understood Moses' clear instructions for Passover!

Tell the whole community of Israel that on the tenth day of this month they must each select an animal of the flock according to their fathers' households, one animal per household. ⁴ If the household is too small for a whole animal, that person and the neighbor nearest his house are to select one based on the combined number of people; you should apportion the animal according to what each person will eat. ⁵ You must have an

*unblemished animal, a year-old male; you may take it from either the sheep or the goats. ⁶ You are to keep it until the fourteenth day of this month; then the whole assembly of the community of Israel will slaughter the animals at twilight. ⁷ **They must take some of the blood and put it on the two doorposts and the lintel of the houses where they eat them.** ⁸ They are to eat the meat that night; they should eat it, roasted over the fire along with unleavened bread and bitter herbs. ⁹ Do not eat any of it raw or cooked in boiling water, but only roasted over fire—its head as well as its legs and inner organs. ¹⁰ Do not let any of it remain until morning; you must burn up any part of it that does remain before morning. ¹¹ Here is how you must eat it: you must be dressed for travel, your sandals on your feet, and your staff in your hand. **You are to eat it in a hurry; it is the Lord's Passover.** ¹² "I will pass through the land of Egypt on that night and strike every firstborn male in the land of Egypt, both man and beast. **I am Yahweh; I will execute judgments against all the gods of Egypt.** ¹³ The blood on the houses where you are staying will be a distinguishing mark for you; when I see the blood, I will pass over you. No plague will be among you to destroy you when I strike the land of Egypt. Exodus 12:3-13 HCSB*

These were very precise instructions that the Israelites obeyed diligently. Moses recorded that six hundred thousand men alone, besides women and children, had left Egypt. Adding the children and women, it would have been over 2 million people. For 40 years in the desert, these people were not sick!

*And the children of Israel journeyed from Rameses to Succoth, about **six hundred thousand** on foot that were men, beside children. Exodus 12:37 KJV*

*He smote also all the firstborn in their land, the chief of all their strength. ³⁷ He brought them forth also with silver and gold: and there was **not one feeble person** among their tribes. Psalms 105:36-37 KJV*

No one was feeble! Not a single person was sick for 40 years in the desert!!! Then Peter declared:

Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers; ¹⁹ But with the precious blood of Christ, as of a lamb without blemish and without spot. 1 Peter 1:18-19 KJV

We are redeemed by the precious Blood of Christ, not by the blood of a lamb as in the Old Testament.

Why does Paul then remark, “***That's why so many of you are weak and sick and a considerable number are dying***” (1 Corinthians 11:30 ISV)?
What could the reason be? Paul explained:

Learning from Israel's Failures

My dear fellow believers, you need to understand that all of our Jewish ancestors who walked through a wilderness long ago were under the glory cloud and passed through the waters of the sea on both sides. ² They were all baptized into the cloud of glory, into the fellowship of Moses, and into the sea. ³ They all ate the same heavenly manna ⁴ and drank water from the same spiritual

rock that travelled with them—and that Rock was Christ himself.

⁵ Yet God was not pleased with most of them, and their dead bodies were scattered around the wilderness. 1 Corinthians 10:1-5 TPT

Paul compared Israel's deliverance from Egypt to our deliverance from bondage. They were all water baptised when they moved through the Red Sea and were baptised with the Holy Ghost into the cloud of glory. They ate heavenly manna (a picture of Christ as the Bread of Life) and drank water from the rock, which points to Yashuah HaMashiach, the Anointed One.

YET, God was not pleased with most of them and their bodies were found dead in the wilderness!

*Now, all these things serve as types and pictures for us—lessons that teach us not to fail in the same way by callously craving worthless things ⁷ and practicing idolatry, as some of them did. For it is written: **The people settled in to their unrestrained revelry, with feasting and drinking, then they rose up and became wildly out of control** ⁸ Neither should we commit sexual immorality, as some of them did, which caused the death of twenty-three thousand on a single day. ⁹ Nor should we ever provoke the Lord, as some of them did by putting him to outrageous tests that resulted in their death from snakebites day after day. ¹⁰ And we must not embrace their ways by complaining—grumbling with discontent, as many of them did, and were killed by the destroyer! ¹¹ **All the tests they endured on their way through the wilderness are a symbolic picture, an example that provides us with a warning so that we can learn through what they experienced.** For we live in a time*

when the purpose of all the ages past is now completing its goal within us. ¹² So beware if you think it could never happen to you, lest your pride becomes your downfall. 1 Corinthians 10:6-12
TPT

The Way of Escape

We all experience times of testing, which is normal for every human being. But God will be faithful to you. He will screen and filter the severity, nature, and timing of every test or trial you face so that you can bear it. And each test is an opportunity to trust him more, for along with every trial God has provided for you a way of escape that will bring you out of it victoriously.
1 Corinthians 10:13 TPT

COMMUNION

Paul linked the above scriptures to Communion. The following verses are a serious warning to the believer. (Read the rest of 1 Corinthians 10.)

*My cherished friends, keep on running far away from **idolatry**. ¹⁵ I know I am writing to thoughtful people, so carefully consider what I say. ¹⁶ **For when we pray for the blessing of the communion cup, isn't this our coparticipation with the blood of Jesus? And the bread that we distribute, isn't this the bread of our co-participation with the body of Christ?** ¹⁷ For although we're many, we become one loaf of bread and one body as we feast together on one loaf. ¹⁸ **Consider the people of Israel when they fell into idolatry. When they ate the sacrifices offered to the gods, weren't they becoming communal participants in what was sacrificed?** ¹⁹ Now, am I saying that idols and the sacrifices offered to them have any*

value? ²⁰ Absolutely not! **However, I am implying that when an unbeliever offers a sacrifice to an idol, it is not offered to the true God but to a demon. I don't want you to be participants with demons!** ²¹ **You can't drink from the cup of the Lord and the cup of demons. You can't feast at the table of the Lord and feast at the table of demons.** ²² Who would ever want to arouse the Lord's jealousy? Is that something you think you're strong enough to endure? 1 Corinthians 10:14-22 TPT

But what does it mean to participate at the table of demons?

When we still have cravings for worthless things, when we keep ourselves busy with worldly activities, crave possessions and money, and practice idolatry, we are sitting at the table of demons. (Anything that takes more of your time and occupies more of your heart than Yashuah HaMashiach, is an idol.) Many believers are still feasting, drinking and participating in wild parties. Many still gossip, slander, walk in unforgiveness, resentment, bitterness, guilt and self-hatred. They backstab their fellow believers and live sexually immoral lives, but on Sunday participate in Communion at church. Paul explains that living such a double life means we participate at both the table of demons and the Table of the Lord.

Whenever you eat this bread and drink this cup, you are retelling the story, proclaiming our Lord's death until he comes. ²⁷ *For this reason, whoever eats the bread or drinks the cup of the Lord in the wrong spirit will be guilty of dishonoring the body and blood of the Lord.* ²⁸ *So let each individual first evaluate his own attitude and only then eat the bread and drink the cup.* ²⁹ *For continually eating and drinking with a wrong spirit will bring judgment upon*

yourself by not recognizing the body. ³⁰ *This insensitivity is why many of you are weak, chronically ill, and some even dying.* ³¹ *If we have examined ourselves, we should not be judged.* ³² *But when we are judged, it is the Lord's training so that we will not be condemned along with the world.* 1 Corinthians 11:26-32 TPT

What Paul is trying to explain here is that many are weak and sick because we do not discern the Lord's Body, meaning that we do not understand and acknowledge that His Body is for our healing. It goes even deeper. The Lord's Body consists of many members. If we do not forgive our brothers and sisters in Christ Jesus and discern these individual members as valuable, precious stones loved by Christ Jesus, we drink judgment over ourselves at the Lord's Table.

I could not find a single verse in the Bible that states a Christian leader should visit a co-believer to find him or her worthy to take part in the Table of the Lord! Such an act is nonbiblical!

4. BEING WORTHY

Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. 1 Corinthians 11:27 NKJV

So, why did the Apostle Paul say this to the Corinthian church? He gave us the reasons:

- **There was a division among them.**

For first of all, when ye come together in the church, I hear that there be divisions among you; and I partly believe it. 1 Corinthians 11:18 KJV

- **There were heretical teachings in the church.**

For there must be also heresies among you, that they which are approved may be made manifest among you. 1 Corinthians 11:19 KJV

- **There was selfishness in the church.**

For in eating every one taketh before other his own supper; and one is hungry, and another is drunken .1 Corinthians 11:21 KJV

- **They despised the house of God.**

What? Have ye not houses to eat and to drink in? or despise ye the church of God. 1 Corinthians 11:22a KJV

- **They had become very proud and looked down on others.**

And shame them that have not. 1 Corinthians 11:22b KJV

When Paul warned against celebrating the Lord's Supper in an unworthy manner, he was talking about the sins in the Corinthian church. Some of their sins were even committed at the Lord's table! Paul said that many of the Corinthians were "weak and sick" and some even died because of their lack of discernment. If we then partake worthily, there will be health and strength rather than weakness and sickness.

Now Paul comes to the core of the matter.

*For if we would **judge ourselves**, we would not be judged. ³² But when we are judged, we are chastened by the Lord, that we may not be condemned with the world. 1 Corinthians 11:31–32 NKJV*

Paul does not say that we should be judged by the elders of the church or by any spiritual leaders. We should judge ourselves (*self-examination*),

then God wouldn't have to judge us. But if He does judge, He is only doing so for the sake of our redemption.

In Psalm 32, we see these two kinds of judgment. We see how God judges man and how man can judge himself. Listen to the way David describes himself when he "kept silent", in other words when he did not judge himself and confess his sin.

When I kept silent, my bones grew old Through my groaning all the day long. Psalm 32:3 NKJV

As long as David did not confess his sin, his physical body was affected.

For this reason [participating in Communion unworthily] many are weak and sick among you, and many sleep. 1 Corinthians 11:30 NKJV

God often judges us by withdrawing the sense of His presence from us. Living without the presence of the Lord, is like a dry summer without rain.

For day and night thy hand was heavy upon me: my moisture is turned into the drought of summer. Psalm 32:4 KJV

How can we come back into the Lord's favour after we have sinned? David demonstrates what to do.

I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the LORD," And You forgave the iniquity of my sin. Psalm 32:5 NKJV

The Lord said about David, "*He is a man after My own heart*" (1 Samuel 13:14). Why did God say that? Because David confessed and sought God. The Bible calls godly those who confess their sins!

For this cause everyone who is godly shall pray to You In a time when You may be found. Psalm 32:6 NKJV

Now, look at how David's relationship with God changed after he had confessed his sin.

*You are my hiding place; You shall preserve me from trouble;
You shall surround me with songs of deliverance. Psalm 32:7*
KJV

So, when Paul says that we must judge ourselves before partaking in the Lord's Supper, he says we judge ourselves by confessing our sins. And what is the result?

Communion with the Lord is restored!

5. AUTOIMMUNE DISEASE

We need to understand there are consequences if we do not confess our sins. It not only affects our human bodies, but also the Body of Christ.

Yet we can be assured that we have been translated from spiritual death into spiritual life because we love the family of believers. A loveless life remains spiritually dead. ¹⁵ Everyone who keeps hating a fellow believer is a murderer, and you know that no murderer has eternal life residing in him.

1 John 3:14- 15 TPT

When the members of the Body of Christ hate one another, we suffer from a condition the medical profession calls an “**autoimmune disease**”. This is when the human body, which should protect itself against intruders (e.g. inflammation, cancer etc), instead turns on itself and attacks itself. The antibodies, which were created to defeat cancer cells, for instance, attack the human body. There is no resistance anymore, and the immune system has been compromised. Likewise, the Body of Christ is weak because of the presence of an autoimmune disease within the Body of Christ!

This is the reason so many are weak and sick!

Please listen to the teaching on our website and YouTube, “Divine Healing:

Part 1: Many are Weak and Sick” and “Part 2: Saving Health”.

6. THE BLOOD OF CHRIST

The Blood of Christ cried out something better than the blood of Abel. Abel's blood cried out for righteousness and justice, but the Blood of our Passover Lamb cried out for the redemption of our sin! It is the most precious GIFT ever offered to the human race. Yet so many are rejecting it!

All humanity is born in sin because of the transgression in the Garden of Eden. Therefore, the Father offered His Son, Yashuah, to pay it all and in full. When Jesus cried out on the cross: “It is done!”, the Father's anger at humanity ceased! Now we have the boldness to approach His throne and run into His arms as He welcomes us back home! What a wonderful privilege! Yet, sadly rejected by many!

*The next day John seeth Jesus coming unto him, and saith,
Behold the Lamb of God, which taketh away the sin of the world.*

John 1:29 KJV

We are now justified, called to stand right before the throne, not because of what we did, but only because of the Blood of Christ Jesus.

*Much more then, being now justified by his blood, we shall be
saved from wrath through him. Romans 5:9 KJV*

But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin. 1 John 1:7 KJV

When we drink the Blood of Christ, we proclaim victory!

- The Blood is for the remission of SIN (Sin is all the filthiness done in your life).
- The Blood is for the remission of all INIQUITY (Iniquity is all the filthiness of the human race back in time to Adam and Eve).
- The Blood of Christ releases resurrection power within us. Christ not only died for our sins but was also raised up from the dead by the resurrection power. That is Dunamis Power!

That same power the Father used to raise His Son from the dead is within us! Not only that, but the resurrection power (Dunamis Power) shall also quicken our mortal bodies! This means divine healing will flow in and through our bodies when we release this resurrection power in and over our souls! This is a precious gift of God that brings us eternal life!

But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Romans 8:11 KJV

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord. Romans 6:23 KJV

Ezekiel shares the prerequisites for God's promise so we can indeed live forever!

The word of the LORD came unto me again, saying, ² What mean ye, that ye use this proverb concerning the land of Israel,

saying, *The fathers have eaten sour grapes, and the children's teeth are set on edge?* ³ *As I live, saith the Lord GOD, ye shall not have occasion any more to use this proverb in Israel.* ⁴ ***Behold, all souls are mine;*** *as the soul of the father, so also the soul of the son is mine: the soul that sinneth, it shall die.* ⁵ ***But if a man be just, and do that which is lawful and right,*** ⁶ ***And hath not eaten upon the mountains, neither hath lifted up his eyes to the idols of the house of Israel, neither hath defiled his neighbour's wife, neither hath come near to a menstruous woman,*** ⁷ ***And hath not oppressed any, but hath restored to the debtor his pledge, hath spoiled none by violence, hath given his bread to the hungry, and hath covered the naked with a garment;*** ⁸ ***He that hath not given forth upon usury, neither hath taken any increase, that hath withdrawn his hand from iniquity, hath executed true judgment between man and man,*** ⁹ ***Hath walked in my statutes, and hath kept my judgments, to deal truly; he is just, he shall surely live,*** saith the Lord GOD. Ezekiel 18:1-9
KJV

7. COMMUNION WITHIN COMMUNION

The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? 1 Corinthians 10:16 KJV

This verse says there is communion within the Communion. We do not realise that we are having communion with the Lord Himself. This implies that Jesus wants to have fellowship with us as we partake of the Lord's

Supper. It is HIS supper, not ours. We can expect the presence of the Lord to be very real to our spiritual senses during Communion.

8. IN REMEMBRANCE

When the Lord instituted the Communion, He commanded His disciples to do it in remembrance of Him.

And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me. Luke 22:19 KJV

When we come to the Lord's table, we must remember and acknowledge what He did for us, namely:

a. **He brought us out of Egypt – the place of slavery!**

He freed us, led us through the Red Sea, cared for us in the wilderness, protected us from snake bites, overcame for us the giants in the Promised Land, and gave us a place of rest. He laid down His life for us and was despised and rejected by men. He has borne our griefs and carried our sorrows (Isaiah 53:3-4).

The word *grief* here is the Hebrew “**choliy**”, which means “weak, sick, or afflicted”. Surely He has borne our weaknesses, sicknesses, and afflictions. The Hebrew word for *sorrows* is “**makob**”, which means “pain or grief”. Jesus not only died to take away our sins, but He also died to take away our sickness!

*When evening had come, they brought to Him many who were demon-possessed. And He cast out the spirits with a word, **and healed all who were sick**, ¹⁷ that it might be fulfilled which was spoken by Isaiah the prophet, saying, “He*

Himself took our infirmities and bore our sicknesses.”

Matthew 8:16- 17 NKJV

Read Psalm 103 and see how David expressed gratitude for all the benefits he had received from Adonai.

Bless the Lord, O my soul, and forget not all His benefits.

Psalm 103:2 KJV

We need to remember what Yehôvâh Elohim did for us. We need to remember all the benefits we received from Him. We grieve God when we do not remember!

Again and again they tempted God, And pained the Holy One of Israel. ⁴² They did not remember His power, The day when He redeemed them from the adversary. Psalm 78:41–42 NASB

That is why we celebrate the Lord’s Supper – to remember all the good things He has done for us through the cross. David continues in Psalm 103 to express all these benefits

Notice the use of the present tense in these verses! All the benefits are available to us TODAY!

b. He forgives all our iniquities.

Our sins are all washed away and forgiven. All we have to do is repent and receive Him as our Saviour.

c. He heals all our diseases.

I’m so glad the verse doesn’t say “forgave” and “healed” but “forgives” and “heals” - present tense! He still forgives. He still heals.

- d. He redeems our lives from destruction.**
- e. He crowns us with loving kindness and tender mercies.**
- f. He satisfies our mouths with good things.**

God satisfies us with good things. He never gives bad things. As Oral Roberts says, "God is a good God."

- g. He renews our youth like that of the eagle.**

When we know His benefits, He will renew us.

- h. He executes righteousness and justice for all who are oppressed.**

Because of the cross, we are defended from the oppressor.

9. VICTORY

How beautiful are the words of the Apostle Paul about the victory of the cross!

For we've been buried with him into his death. Our "baptism into death" also means we were raised with him when we believed in God's resurrection power, the power that raised him from death's realm. ¹³ This "realm of death" describes our former state, for we were held in sin's grasp. But now, we've been resurrected out of that "realm of death" never to return, for we are forever alive and forgiven of all our sins! ¹⁴ He canceled out every legal violation we had on our record and the old arrest warrant that stood to indict us. He erased it all—our sins, our stained soul—he deleted it all and they cannot be retrieved! Everything we once were in Adam has been placed onto his cross and nailed permanently there as a public display of cancellation. ¹⁵ Then Jesus made a public spectacle of all the powers and principalities of darkness,

stripping away from them every weapon and all their spiritual authority and power to accuse us. And by the power of the cross, Jesus led them around as prisoners in a procession of triumph. He was not their prisoner; they were his! Colossians 2:12-15
TPT

His words on the cross – “It is done, **“Tetelestai!”** – brought total victory for us! Let us remember all He had done for us and the benefits we received!

Instead he emptied himself of his outward glory by reducing himself to the form of a lowly servant. He became human! ⁸ He humbled himself and became vulnerable, choosing to be revealed as a man and was obedient. He was a perfect example, even in his death—a criminal’s death by crucifixion! Philipians 2:7-8 TPT

Notice the seven steps Christ took from the throne to the cross.

1. He emptied Himself.
2. He became a servant.
3. He became human.
4. He humbled Himself.
5. He became vulnerable and was revealed as a man.
6. He was obedient until death.
7. He died a criminal’s death on the cross.

If we want to be Christ-like, we too need to follow the above steps before we can take part in His resurrection. Because of His obedience, the Father exalted Christ, gave all authority to His Son, and every tongue will confess that He is Lord Yahweh!

And every tongue will proclaim in every language: "Jesus Christ is Lord Yahweh," bringing glory and honor to God, his Father!
Philippians 2:11 TPT

Note the seven steps of exaltation that God gave Jesus after the cross:

1. God exalted him and multiplied His greatness.
2. He possesses the greatest name of all.
3. His sovereign authority will cause every knee to bow.
4. God decreed that everyone in heaven would bow in worship of the God-Man.
5. God decreed that every demonic being will bow to the God-Man.
6. God decreed that every tongue will proclaim that Jesus Christ is Lord Yahweh!
7. God received the glory and honour of sharing His throne with the God-Man.

Dear Reader, meditate on the deep revelation that Paul shared in his epistle to the Ephesians. Because of Christ's victory on the cross, as the Head of His Body, we can experience victory, too. When taking part in the Lord's Supper, remember that we are also seated with Christ Jesus in heavenly places from where we are ruling and reigning with Him.

[For I always pray to] the God of our Lord Jesus Christ, the Father of glory, that He may grant you a spirit of wisdom and revelation [of insight into mysteries and secrets] in the [deep and intimate] knowledge of Him, ¹⁸ By having the eyes of your heart flooded with light, so that you can know and understand the hope to which He has called you, and how rich is His glorious inheritance in the saints (His set-apart ones), ¹⁹ And [so that you can know and understand] what is the immeasurable and

unlimited and surpassing greatness of His power in and for us who believe, as demonstrated in the working of His mighty strength, ²⁰ *Which He exerted in Christ when He raised Him from the dead and seated Him at His [own] right hand in the heavenly [places],* ²¹ *Far above all rule and authority and power and dominion and every name that is named [above every title that can be conferred], not only in this age and in this world, but also in the age and the world which are to come.* ²² *And He has put all things under His feet and has appointed Him the universal and supreme Head of the church [a headship exercised throughout the church],* ²³ *Which is His body, the fullness of Him Who fills all in all [for in that body lives the full measure of Him Who makes everything complete, and Who fills everything everywhere with Himself].* Ephesians 1:17-23 AMPC

And now, because we become a body filled and flooded with Yehôvâh Elohim, His power is at work within us to carry out HIS purpose and to do super-abundantly, far over and above all we dare ask or think, infinitely beyond our highest prayers, desires, thoughts, hopes or dreams!

May He grant you out of the rich treasury of His glory to be strengthened and reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality]. ¹⁷ *May Christ through your faith [actually] dwell (settle down, abide, make His permanent home) in your hearts! May you be rooted deep in love and founded securely on love,* ¹⁸ *That you may have the power and be strong to apprehend and grasp with all the saints [God's devoted people, the experience of that love] what is the breadth and length and height and depth [of it];* ¹⁹ *[That you may really come] to know [practically, through*

experience for yourselves] the love of Christ, which far surpasses mere knowledge [without experience]; that you may be filled [through all your being] unto all the fullness of God [may have the richest measure of the divine Presence, and become a body wholly filled and flooded with God Himself]! ²⁰ Now to Him Who, by (in consequence of) the [action of His] power that is at work within us, is able to [carry out His purpose and] do superabundantly, far over and above all that we [dare] ask or think [infinitely beyond our highest prayers, desires, thoughts, hopes, or dreams]— ²¹ To Him be glory in the church and in Christ Jesus throughout all generations forever and ever. Amen (so be it). Ephesians 3:16-21 AMPC

10. A FUTURE VICTORY

The Apostle John also recounts a substantial body of teaching at the supper (John 13- 17). This “farewell discourse” reflects Jesus’ great love for His followers. He spoke of what would happen after He had died, how the Holy Spirit would come to comfort and guide them, and how their joy would one day be complete.

So, today, the celebration of the Lord’s Supper reflects to the crucifixion when Christ’s Blood was shed for sinners, but also forward to the Marriage Supper of the Lamb when the redeemed will join their Lord in glory.

The Marriage Supper of the Lamb

And I heard as it were the voice of a great company and as the voice of many waters and as the voice of mighty thunderings, saying, Hallelu-JAH; for the Lord God almighty reigns. ⁷ Let us be glad and rejoice and give glory to him; for the marriage of the Lamb is come, and his bride has made herself ready. ⁸ And to

her was granted that she should be arrayed in fine linen, clean and bright: for the fine linen is the righteousness of the saints. ⁹ And he said unto me, Write, Blessed are those who are called unto the marriage supper of the Lamb. And he said unto me, These are the true words of God. ¹⁰ And I fell at his feet to worship him. And he said unto me, See thou do it not: I am thy fellow-servant and with thy brethren that have the testimony of Jesus; worship God; for the testimony of Jesus is the spirit of prophecy. Revelation 19:6-10 JUB

COMMUNION IS A CELEBRATION, INDEED!

VIOLATION OF THE BLOOD

Before taking Communion, it is crucial to realise that although we value the Blood of the Lamb, we still unconsciously violate that Blood. Because of ignorance, we disrespectfully eat the Lord's body and unworthily drink His Blood. This has devastating results for the believer.

What does "violation" mean?

It is breaking or failing to comply with a rule or formal agreement. It is the failure to respect someone's peace, privacy, or rights. It means treating something sacred with irreverence or disrespect.

Let's have a look at a condensed list of ways in which we violate the Blood of our Offering Lamb. (For extensive information on this topic, please read "The Violation of the Blood", available for free on our website.)

SELF-RIGHTEOUSNESS

It is man's nature to cover himself with fig leaves, which are **self-righteous dead works** and nothing more than filthy rags. Trying to add self-righteous deeds to the Blood dilutes it and violates its work. After Adam and Eve had sinned, they hid by covering themselves with fig leaves. Bearing in mind that fig leaves represent man's feeble efforts to cover himself, let's read about Nathanael under the fig tree.

Nathanael saith unto him, Whence knowest thou me? Jesus answered and said unto him, Before that Philip called thee, when thou wast under the fig tree, I saw thee. John 1:48 KJV

Jesus “**saw**” Nathanael under the fig tree. Since the fall, Jesus has seen every generation trying to hide under fig leaves because all of humanity had fallen under the curse of sin.

Jesus knew the remedy for our condition, and He loved us enough to pour out His own Blood to rescue us from sin and death. Just as Adam and Eve hid and covered their sin with fig leaves, so did Nathanael.

We cannot hide from Jesus. He knows every secret we are trying to hide. He even knows the hidden generational secrets. The wonderful news is that Christ has already paid for it all. Hiding from God and adding works to His finished act, violate the Blood.

While we were yet sinners, Christ died for us. Romans 5:8b KJV

MAN-MADE TRADITIONS AND RITUALS

Only through the Blood are we **FREED** from the death penalty. Adding anything else, e.g. man-made traditions, and keeping customs and rituals, is a violation of the Blood. We cannot mingle the Old Covenant with the New Covenant. They are two different methods that God had laid down

to approach Him. While the earth was still waiting for the Messiah to come, all the rituals in the Old Testament were symbols and shadows (prototypes) of better things to come. Let us not violate the BLOOD by trying to approach God according to the old system layout in the Old Covenant!

Now the Holy Spirit uses the symbols of this pattern of worship to reveal that the perfect way of holiness had not yet been unveiled. For as long as the tabernacle stood it was an illustration that pointed to our present time of fulfillment, demonstrating that offerings and animal sacrifices had failed to perfectly cleanse the conscience of the worshiper. Hebrews 9:8-9 TPT

MINGLING LAW WITH GRACE.

We often mingle law with grace. But we can be married to one husband only! We are either married to the law or to grace, but not to both at the same time. By doing so, we are violating the Blood of Christ. We add the Law to the cross, suggesting that the Blood of Christ is not sufficient. Since Christ fulfilled all the requirements of the Law, when we are married to Him, we are **freed** from the guilt of sin and it cannot be imputed to us anymore. Nobody except the high priest could enter the Holy of Holies.

Under the Old Covenant, the law cried out for justice and there was no place for mercy. One significant example is the penalty for violating the Sabbath. Numbers 15 required the death penalty for picking up sticks on the Sabbath.

It was never God's intention to give the law to righteous people. Because sin abounded on Earth, God had to teach His people righteousness. **The**

law exposed sin which would lead to death. The law brought conviction of sin. The New Testament believer is not married to the law any longer but to our Saviour, Jesus Christ. Paul strongly warned the Galatians that they were embracing a distorted gospel.

This is a fake “gospel” that is simply not true. There is only one gospel – the gospel of the Messiah! Yet you have allowed those who mingle law with grace to confuse you.

Galatians 1:7 TPT

REFUSING HIS INVITATION.

It is the work of the Holy Ghost to draw us unto repentance so we can acknowledge the truth, believe unto righteousness and confess that the Lord Jesus Christ is our Saviour indeed. Only those who **accept this invitation** to believe will receive eternal life!

So Jesus is the One who has enacted a new covenant with a new relationship with God so that those who accept the invitation will receive the eternal inheritance he has promised to his heirs. For he died to release us from the guilt of the violations committed under the first covenant. Hebrews 9:15 TPT

By grace through faith, we are saved (Ephesians 2:8). Faith is the prerequisite to believe. By not accepting His invitation, we violate the Blood.

What must we believe and confess? We must *believe* that, through the Blood of Jesus, we are now in right standing before Him. The Blood of the Lamb has silenced every voice that accuses us. Now we can indeed *confess* with the mouth: “I am saved!”

SIN-CONSCIOUSNESS.

How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?

Hebrews 9:14 KJV

The Blood of Christ purges our consciences and silences the accusations that we are “unworthy”. We ARE worthy because of the Blood of the Lamb. We are not worthy because of what we do right in our own eyes, and we are also not unworthy because of what we do wrong.

The Blood of Christ is often disregarded, cheapened and misunderstood. Many people accuse themselves of the past. By doing so, they bring accusations against themselves and come into agreement with the enemy who is “the accuser of our brethren” (Revelation 12:10). Now is the time to let go of all the wounds that pierce your soul!

So we must let go of every wound that has pierced us and the sin we so easily fall into. Hebrews 12:1a TPT

We are running towards the victor’s crown that is awaiting us. No athlete can win while looking behind him. Likewise, Paul says to forget the past, detach yourself from it and stretch yourself out towards the future. Only after we let go of the wounds that pierced our souls will we be able to run this marathon race.

Then we will be able to run life’s marathon race with passion and determination, for the path has been already marked out before us. Hebrews 12:1b TPT

By holding onto unworthiness, ignorance, unlovingness, rejection, pride, stubbornness, etc. we come into agreement with these voices and nullify the Blood. This mindset puts Christ on the cross repeatedly. The sacrifice

of the Lamb removed the guilt, and the Blood removed the pollution of sin. Only the Blood can remove the stains on the soul. Jesus erased it and there is no way to retrieve it at all!

RELYING ON THE WORLD

The protection of the world is a false sense of security and it is leading us away from the Blood of the Lamb (e.g., insurance, medical protection, financial securities, etc.). Relying on the world system dilutes the Blood of the Lamb. Because He desires to have us entirely for Himself, He has chosen and bought us, and set upon us the distinguishing mark of the Blood. Those who are separated from the world live only for His service. No one, nothing, may any longer have the least right over us, nor may we have any right over ourselves. God has separated us unto Himself and confirmed it by setting His mark upon us. That mark is the Blood of Christ Jesus!

Before taking Communion, repent before God for violating the precious Blood of our Saviour Jesus Christ.

TAKING COMMUNION

Lord, we have gathered here to acknowledge You as the only God. There is no other god in our lives, but You. We are here to remind ourselves and one another that Yehôvâh Elohim delivered us from Egypt.

We confess our sins and ask forgiveness for the “golden calves” in our lives and for going astray into idolatry. Please forgive us and deliver us today by the precious Blood of Christ Jesus, the Anointed One!

We thank You for Your New Covenant, which You sealed with the precious Blood of Your Son, Yashuah HaMashiach. Thank You that this Covenant is now available to our households. **We acknowledge You as a covenant-making and a covenant-keeping God!**

As Israel offered a lamb for the entire family, a lamb per house, we accept the Lamb of God today for our entire household and acknowledge that a special door of grace will open to my family to make it unto salvation. I also stand in the gap for the sins of my family and acknowledge that we are guilty before You. But, based on the finished work of Yashuah on Calvary, I claim deliverance, salvation and saving health for my family. Based on the Blood of the Lamb, I claim righteousness and justice because You as the Righteous Judge, will judge the sin and set us all free.

Now, when we take this bread and eat it and when we drink the wine, we declare and decree our deliverance and our freedom from any form of slavery. We pour out a heavenly blessing that awaits us when we participate at Your Table today! Thank you Jesus for setting us FREE.

**We acknowledge Your Holy Presence here with us, and
invite you, Lord, to have communion with us during this
Communion!**

THE BREAD

Lord Jesus, we thank You today for what You have done for us on the cross!

- Give us today our daily bread – our daily divine healing (Matthew 6:11; Luke 11:3).
- We are not looking for normal bread, because our forefathers ate manna in the desert and they still died.
- From bread alone, we shall not live (Deuteronomy 8:4; Luke 4:4).
- We are seeking your Body – the “Bread of Life” (Psalm 78:24; John 6).
- We acknowledge that You are indeed the Bread of Life (John 6: 48; 58).
- We declare, decree and acknowledge that, by Your stripes, You carried our sorrows and healed us in our spirit, soul and physical bodies (Isaiah 53:5; 1 Peter 2:24).
- Thank you, Jesus, that You heal every disease and quicken our mortal bodies (Romans 8:11; Psalm 103).

*You kissed my heart with forgiveness, in spite of all I've done.
You've healed me inside and out from every disease. ⁴ You've
rescued me from hell and saved my life. You've crowned me with
love and mercy. ⁵ You satisfy my every desire with good things.
You've supercharged my life so that I soar again like a flying
eagle in the sky! Psalm 103:3-5 TPT*

- We are so grateful that you sent your WORD to heal us and deliver us from destruction (Psalm 107:20).

- Thank you, Yashuah, that you took our infirmities and bore our sicknesses (Matthew 8:17).
- Thank you that Your desire is for us to prosper in health, even as we prosper in our souls (3 John 1:2).
- We acknowledge that it is not You who bring sickness and disease, but the forces of darkness which came to kill, steal and destroy. You, Lord, bring life in abundance (John 10:10).
- Therefore in Your name, Yehôvâh Elohim, we bind the forces of darkness which came to steal our health. We command sickness and disease to flee in Jesus' Name.
- We now declare and decree saving health in spirit, soul and body.
- When we eat this bread today, we eat eternal life.
- Bone by bone, flesh by flesh, we eat the bones and flesh of Yashuah HaMashiach, which quickens our physical body.
- We will prosper in saving health!!!
- We receive renewed strength and will fly like an eagle in the sky!
- Glory to God! Thank you, Jesus...

THE BLOOD

Today we thank You, Lord, for the precious Blood of Your Son, Yashuah HaMashiach, that flowed on Calvary. We acknowledge it as the most expensive price ever paid for the human race and we will never again violate or dilute it. (*Make it thinner, bleach it or make it weaker by adding anything else to it, make your Blood weaker in force, content, or value by modification or the addition of other elements to it.*) We will never again reduce the value of your previous Blood.

- We acknowledge that the life of our flesh, our mortal bodies, is in the Blood and that Your BLOOD has been given to us upon the altar to make an atonement for our SOULS (Leviticus 17:11).
- Today, we drink your Blood and proclaim life and victory!
- We will overcome by the Blood of the Lamb and the word of our testimony (Revelation 12:11).
- We now apply the Blood of Christ for our cleansing (1 John 1:7), for our protection and covering, for the forgiveness of all sins and iniquity, for reconciliation, for our sanctification and to overcome all insecurities, doubts, fears and temptations.
- *“The Kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost”*(Romans 14:17).
- Thank You, Jesus, that Your Blood cries out a better covenant than the blood of Abel! For this is the BLOOD of the New Testament which is shed for many for the remission of sins (Matthew 26:28).
- All the blood of goats and calves in the Old Testament could not bring any remission of sins, but through the Blood of Christ, You once and for all brought final atonement for our transgressions. Without the shedding of blood, there can be no remission (Hebrews 9:22).
- Because we participate in His death, we also participate in His resurrection. We have been raised up together with Him, and made to sit together with Him in heavenly places (Ephesians 2:6).
- There is power in the Blood of Christ, and we acknowledge that it brings new life and new freedom where we can now rest.
- Through the Blood, Your power (Dunamis, Resurrected Power) was made available to us through faith. We now release faith that

this power will work through us! It is the same power that raised Christ from the dead and exalted him to the place of highest honour and supreme authority in the heavenly realms. Now HE is exalted far above every ruler, authority, government, and realm of power in existence! He is gloriously enthroned over every name that has ever been praised, not only in this age but in the age that is coming! (Ephesians 1:19- 21 TPT).

- Thank you, Yashuah, that I am FREED by the Blood of Christ!
- I declare and decree my freedom today and I will never again walk in unforgiveness, resentment, guilt, rejection, and unholiness.
- Not because of what I have done, but because of what You did for me on the CROSS.
- Glory to God – Glory to you, my Lord – Glory, Hallelujah!!!

King David's song of praise

Psalm 103:1-22 TPT

With my whole heart, with my whole life, and with my innermost being, I bow in wonder and love before you, the holy God! ² Yahweh, you are my soul's celebration. How could I ever forget the miracles of kindness you've done for me? ³ You kissed my heart with forgiveness, in spite of all I've done. You've healed me inside and out from every disease. ⁴ You've rescued me from hell and saved my life. You've crowned me with love and mercy. ⁵ You satisfy my every desire with good things. You've supercharged my life so that I soar again like a flying eagle in the sky! ⁶ You're a God who makes things right, giving justice to the defenseless. ⁷ You unveiled to Moses your plans and showed Israel's sons what you could do. ⁸ Lord, you're so kind and

tenderhearted and so patient with people who fail you! Your love is like a flooding river overflowing its banks with kindness. ⁹ You don't look at us only to find our faults, just so that you can hold a grudge against us. ¹⁰ You may discipline us for our many sins but never as much as we really deserve. Nor do you get even with us for what we've done. ¹¹ Higher than the highest heavens— that's how high your tender mercy extends! Greater than the grandeur of heaven above is the greatness of your loyal love, towering over all who fear you and bow down before you! ¹² Farther than from a sunrise to a sunset— that's how far you've removed our guilt from us. ¹³ The same way a loving father feels toward his children— that's but a sample of your tender feelings toward us, your beloved children, who live in awe of you. ¹⁴ You know all about us, inside and out. You are mindful that we're made from dust. ¹⁵ Our days are so few, and our momentary beauty so swiftly fades away! ¹⁶ Then all of a sudden we're gone, like grass clippings blown away in a gust of wind, taken away to our appointment with death, leaving nothing to show that we were here. ¹⁷ But Lord, your endless love stretches from one eternity to the other, unbroken and unrelenting toward those who fear you and those who bow face down in awe before you. Your faithfulness to keep every gracious promise you've made passes from parents, to children, to grandchildren, and beyond. ¹⁸ You are faithful to all those who follow your ways and keep your word. ¹⁹ Yahweh has established his throne in heaven; his kingdom rules the entire universe. ²⁰ So bless the Lord, all his messengers of power, for you are his mighty heroes who listen intently to the voice of his word to do it. ²¹ Bless and praise the Lord, you mighty warriors, ministers who serve him well and fulfill

his desires. ²² I will bless and praise the Lord with my whole heart! Let all his works throughout the earth, wherever his dominion stretches— let everything bless the Lord!

Let us now demonstrate our love and service to one another by **washing each other's feet**.

Beloved ones, God has called us to live a life of freedom. But don't view this wonderful freedom as an excuse to set up a base of operations in the natural realm. Constantly love each other and be committed to serve one another. Galatians 5:13 TPT

WASHING of FEET

Jesus washed the feet of the disciples (John 13:1-17) in the upper room before the Last Supper. It has significance in three ways.

- For **Jesus**, it was His humility and His servanthood.
- For the **disciples**, the washing of their feet was in direct contrast to the attitudes of their hearts at that time.
- For **us**, the washing of feet is symbolic of our role in the Body of Christ.

JESUS OUR SERVANT

Jesus' attitude of servanthood was in direct contrast to that of the disciples, who had previously argued about which of them was the greatest (Luke 22:24). There was no servant present to wash their feet, but it never occurred to them to wash one another's feet. When the Lord Himself stooped to this lowly task, they were stunned into silence. To his credit, though, Peter was profoundly uncomfortable with the Lord washing

his feet, and, never being at a loss for words, he protested: “You shall never wash my feet!”

Then Jesus said something that further shocked Peter: “*Unless I wash you, you have no part with me*” (John 13:8), prompting Peter whose love for the Saviour was genuine, to request a complete washing.

Then Jesus explained the true meaning of His act of service. Peter had experienced the cleansing of salvation and needed not to be washed again in the spiritual sense. Salvation is a one-time act of justification by faith, but the lifelong process of **sanctification** is one of being washed from the stains of the sin we experience as we walk through life. Peter and all the disciples, except Judas who never belonged to Christ, needed only temporal cleansing.

So, when Jesus rose from the table and began to wash the feet of the disciples (John 13:4-5), He was doing the work of the lowest of servants. The disciples were stunned at this act of humility and condescension, that Christ, their Lord and Master, would wash the feet of His disciples when it was their proper work to have washed His.

But, Jesus came not as King and Conqueror, but as the suffering Servant of Isaiah 53. As He revealed in Matthew 20:28, He came “*not to be served but to serve, and to give his life as a ransom for many*”. The humility expressed by His act with the towel and basin foreshadowed His ultimate act of humility and love on the cross.

This is one of several truths about the washing of feet that Christians can apply to their own lives. Another truth is that, when we come to Christ for the washing of our sins, we can be sure that it is permanent and complete. No act can cleanse us more from our sin because it has been exchanged

for the perfect righteousness of Christ on the cross (2 Corinthians 5:21). **But we need continual cleansing from the effects of living in the flesh in a sin-cursed world.** The continual washing (sanctification) is done by the power of the Holy Spirit who lives within us through the “*washing of water by the Word*” (Ephesians 5:26), given to us to equip us for every good work (2 Timothy 3:16–17).

DO AS I HAVE DONE

Jesus said, “*I have given you an example that you should do as I have done to you*” (John 13:15). As His followers, we are to emulate Him by serving one another in lowliness of heart and mind and **seeking to build one another up in humility and love**. When we seek pre-eminence, we displease the Lord who promised that true greatness in His kingdom is attained by those with a servant’s heart (Mark 9:35; 10:44). When we have that servant’s heart, the Lord promised we will be greatly blessed (John 13:17). This is another life-changing truth we should apply to our lives.

Beloved ones, God has called us to live a life of freedom. But don’t view this wonderful freedom as an excuse to set up a base of operations in the natural realm. Constantly love each other and be committed to serve one another.

Galatians 5:13 TPT



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Berashith is the Hebrew for "In the Beginning":

The Son of God willingly destroyed Himself on the Cross

"I am the Bright Morning Star - surely I come quickly"

Revelation 22:16, 20

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